

**Creativity and Gestalt:
An International Celebration
AUGUST 8 – 11, 2007
PROGRAM**

WEDNESDAY – AUGUST 8, 2007

Reception and Keynote Address by Margherita Spagnuolo Lobb

**CREATIVE ADJUSTMENT AS HEALING TASK:
THE IMPORT OF GESTALT THERAPY IN OUR PRESENT
SOCIETY**

7:00 pm to 10:00 pm

**Cole Center at Cleveland State University
3100 Chester Ave., Cleveland, Ohio
Parking is available off of East 30th Street for \$4.00**

THURSDAY – AUGUST 9, 2007

**Gestalt Institute of Cleveland
1588 Hazel Dr., Cleveland, OH 44106**

8:00 to 9:00 Continental Breakfast at GIC

9:00 to 9:45 Welcome, Introductions, Announcements

10:00 to 12:30 Plenary #1

By James Kepner

12:30 to 2:00 Lunch

(pre-ordered box lunch or lunch on your own)

2:00 to 4:30 WORKSHOPS

(see descriptions below)

4:30 to 7:00 Dinner (on your own)

**7:00 to 9:00 A Gathering of the Gestalt Community to the
Heartbeat of the Drum**

By Jackie Lowe Stevenson and Herb Stevenson

FRIDAY – AUGUST 10, 2007

**Gestalt Institute of Cleveland
1588 Hazel Dr., Cleveland, OH 44106**

8:00 to 9:00 Continental Breakfast at GIC

9:15 to 9:30 Introductions, Announcements

9:30 to Noon Plenary #2

By Gordon Wheeler

12:00 to 2:00 Lunch

(pre-ordered box lunch or lunch on your own)

2:00 to 4:30 WORKSHOPS

(see descriptions below)

4:30 to 7:00 Dinner (on your own)

7:00 to 9:00 CREATIVE DIALOGUE AT GIC

Dialogue Facilitator: Isabel Fredericson

**Dialoguers: Margherita Spagnuolo Lobb, James Kepner, Gordon
Wheeler, Heidi Abrahms, (others to be announced)**

SATURDAY – AUGUST 11, 2007

**Gestalt Institute of Cleveland
1588 Hazel Dr., Cleveland, OH 44106**

8:00 to 9:00 Continental Breakfast at GIC

9:15 to 9:30 Introductions, Announcements

9:30 to Noon WORKSHOPS

12:00 to 1:30 Lunch

(pre-ordered box lunch or lunch on your own)

1:30 to 4:30 Closing Plenary

GESTALT AND CREATIVITY: OUR GROWING EDGE

By Heidi Abrahms, Margherita Spagnuolo Lobb and Gordon Wheeler

As we gather together to integrate our learning, we'll create our own growing edge of Gestalt in the here and now. We will look forward through the kaleidoscopic lens of creativity and all of its meanings in our international Gestalt community. Through embodied presence, we will contextually explore current cultural meta-ideologies and their implications for the ways in which we live and work and love.

7:00 to 10:00 pm DINNER AND MUSIC
Gestalt Institute of Cleveland
1588 Hazel, Cleveland, Ohio

WORKSHOP DESCRIPTIONS

THURSDAY, AUGUST 9, 2:00 to 4:30

Duey Freeman *Gestalt, Infant Attachment and Development*

This workshop provides the opportunity to experience and understand the process of Pre-natal *Bonding* and Post-natal *Attachment* between the infant and parent (caregiver). We will explore the parent/infant relationship as well as the relationship between the "attachment Process" and "Gestalt Therapeutic Circle." Participants will have the chance to *experience and understand* the "attachment process," the implications that interruptions to the organismic flow of this process have on both children and adults, and the therapeutic implications of these interruptions. This workshop will have a significant experiential component.

Anne Leibig *Gestalt and Aging Creatively: One Model*

Anne is one of the creators of ElderSpirit Community, a community of "mutual support and late life spirituality." Anne will describe this community and her use of Gestalt Therapy's framework of support. ElderSpirit Community has been featured in "Time," "AARP," "Where to Retire," and other publications.

Creativity in Nature

Jackie Lowe Stevenson, Amy Jacobs, and Esther Gates

Join us for a workshop of creative exploration and personal reflection within the

rhythms of nature through an art, yoga and Gestalt experience. With our senses awakened we will be better able to make meaning of our world, experience our competency, and respond to the awe and wonder of life.

Roger Sams

Cultivating Self Awareness through Movement Meditation

Your physical body is a powerful tool for self awareness. Using guided meditation and movement exploration, you'll discover in this workshop diverse ways to move through time and space. Through journaling, you'll integrate your movement experience with your understanding of the Cycle of Experience and enhance possibilities for moving through life.

Awakening the Writer Within from a Gestalt Perspective

Olivia Schwartz and Sarah Toman

This workshop will begin by setting the theoretical ground by briefly outlining figure/ground, the Gestalt Cycle of Experience, and resistances as related to the writing process. Participants will be invited to review their sensations and awarenesses in their favorite personal writing environments. All will be instructed on the writing of a vignette and sharing with others their experiences of sensation and awareness during the exercise. We will conclude with dialogue about mobilizing energies for continued writing and next steps towards action and contact.

Creative Adjustment in Madness: Gestalt Therapy With Psychotics

Margherita Spagnuolo Lobb

The lamented increase in serious disturbances in our society constitutes a challenge for all psychotherapies. Margherita will present her latest developments on the issue, which has been published in the book "Creative License. The Art of Gestalt Therapy." A crucial question for Gestalt therapists are: Is the psychotic's behavior considered creative? Is the use of diagnostic categories consistent with gestalt therapy? What kind of skills do we have to develop in order to be able to be psychotherapists with seriously disturbed clients? Through consideration of the different needs of neurotic and psychotic clients, the workshop reveals a Gestalt approach to treatment that honours both field theory and the unique figure-ground balance of an individual suffering a psychotic reaction. A phenomenological perspective on psychotic experience and a unique treatment model are presented in theory and practise.

Ansel Woldt

*Creativity in Teaching: A Dialogical Approach
to Gestalt Pedagogy*

While dialogue is common in the practice of Gestalt therapy, little is known about the dialogical encounter in teaching. Incorporating phenomenological, group and

field-based principles in Gestalt pedagogy has been a creative venture for Professor Woldt. Gestalt therapy students will assist in discussing and demonstrating the use of dialogical encounter in creating a Gestalt-based classroom.

Rosanna Zavarella *Finding “THE MUSE” Within: Creativity and Gestalt Therapy*

Through the ages, artists, poets, writers, and musicians courted, sang and prayed to the “Muse” for inspiration. This archetype lives within each one of us. Connecting with this energy can be elusive, frustrating, surprising and exhilarating. We will examine how we support, or are resistant to, this process and give it full expression. Combining Gestalt methodology and a psycho-spiritual model, we’ll call forth the “Muse” to support is in both our professional and personal lives.

WORKSHOP DESCRIPTIONS **FRIDAY, AUGUST 10, 2:00 to 4:30**

Iridology and Gestalt: In the “Eye” of the Beholder

Phil Belzunce and Lalei E Gutierrez

Seventy percent of the body’s sense receptors cluster in the eyes - a most powerful vehicle in seeing, intending, understanding, creating and recording our experiential world. We will explore our multi-dimensional eyes, to see how past, present and future are encoded in the IRIS and how the part of the brain is our “minds eye” that lets us see and experience life outside of real time.

Allison Conte *CreativeWorldviews*

In this workshop, we will explore creativity through the spectrum of *worldviews* that are available through different levels of consciousness — from mythic to rational to transpersonal. Because our worldview determines how we see the world, creative expression is an expression of worldview. We’ll explore examples from art and pop culture and experiment with our own creative expressions of the worldviews currently available. And we’ll take a peek into the higher levels of consciousness and ask ourselves, “*what’s next?*”

Amy Jacobs *Creating Necessary Ground: Using the Gestalt Art Process in Working with Tsunami Children and Tamil Refugee Children*

Creating visual and therapeutic ground when working with tsunami and refugee children will be examined in images and through personal art making. Honoring

both the ground of relationship and of memory, we will look at children's pictures of healing from loss and explore the importance of the Gestalt art approach.

Robert Lee *The Creative Adjustment: An Exercise in Shame and Belonging*

Gestalt theory speaks of the creative adjustments that we make in adapting our sense of self, strategies and behaviors in meeting our environment from birth to death. This is sometimes presented as an individual endeavor, but in fact, it is relational. Two of the most profound and under appreciated determiners and shapers of this process are shame and belonging. We will use a Gestalt lens to understand and appreciate our own creativity in both how we develop and implement these ways of being in the world and in the process we co-create with our environment, our sense of who we are.

Rick Maurer *Machiavelli Meets Martin Buber at Work*

Life inside most organizations is a struggle between individuals yearning for deep open contact with one another – and the reality that success often demands cunning and deceit. My poster children for both sides of this polarity are Buber and Machiavelli. No workplace (or institute) is immune from this. The field conditions of organizations nurtures Machiavellian behavior. That creates quite a dilemma.

Christine Stevens *Playing in the Sand – Using Sandplay in Gestalt Therapy*

Using sand, water and small objects in a sandtray is a powerful way to free up awareness and enlist the imagination in exploring new possibilities. This work is explored as methodological innovation from a Gestalt theoretical perspective. A demonstration will be given and participants will be facilitated to experiment with the materials for themselves.

Tim Warneka *Celebrating Flow: How to Embody More Creativity than You Can Handle*

People usually think that the hardest part of creativity is getting it started. It is not. The real challenge comes when creativity floods us. How does Gestalt theory teach us to flow with creativity? Come learn how to celebrate flow with an experiential embodied approach, combining Gestalt practice with the revolutionary non-violent martial art of Aikido.

Mark Warren *Advances in Eating Disorder Treatment- Gestalt and DBT*

Gestalt therapy was designed to help those are able to manage their lives without the use of self destructive behaviors. For many of us, however, our clients present with numerous behaviors that may worsen with experiential treatment.

Dialectical Behavior Therapy uses many of the underlying concepts of Gestalt theory to enable us to apply what we know to those with these more life threatening issues. The presentation will have four parts- What is DBT, what are eating disorders, how does DBT relate to Gestalt, and how do we use DBT to treat eating disorders. The presentation will use both didactic and experiential approaches, including mindfulness exercises, general meditative exercises and techniques specific for eating disorders. Participants are encouraged to bring specific questions about Eating Disorder cases from their practice or lives.

Line—Space—Color: Creativity & Group Process

Judith Yeager and Katy Steinkamp

Much has been written about the ability to promote creative processes within the context of individual therapist-client sessions. By presenting an experiential group we will attempt to focus on promoting creative processes within the experience of training groups. Communication and contact in this experiential group process will begin and end with creative art expression. Line, Space and Color will be used to focus the participants on the here and now.

WORKSHOP DESCRIPTIONS

SATURDAY, AUGUST 11, 9:30 to noon

Lena Axelsson

So That is What We Do: We Play

The children and teens who come to me have often reached the place of presenting to the world as if they want to be feared, loathed and despised. In using a Gestalt/intersubjective model, this presentation can be seen in terms of longings for contact, witnessing, and needs for self-expression and growth. I invite you to come and explore the creative world that can open up when a child gets the opportunity to be a child, to play, talk and use fantasy in the presence of an adult who has no other agenda than the contact possibilities of mutual presence in the moment. We will discuss the therapist's creativity and how that contributes to the client's (child's) development of his or her own creativity and creative adjustments to the world.

Ceylan Das

A Gestalt Therapy Approach to Desensitization

This workshop is about desensitization. In the first part of the workshop, desensitization will be explained with examples, and the advantages and disadvantages of desensitization will be summarized. Also, how we learn to desensitize will be discussed. In the second part, we will experience and explore how we use desensitization in our relationships and for what? The third part will

end with awareness of which feelings, with what thoughts and with which body postures we are desensitizing ourselves.

Deborah Heikes *Sexuality, Sensuality, and Shame: Explorations with Movement*

Come create a moving conversation with your body. There is a part of us that wants to dance, to play, to feel fully alive. Shame held in our bodies limits our ability to move and express ourselves. Through movement we substitute our limiting and negative thoughts with possibilities, power, and inspiration.

Mary Ann Kraus *Creating in Support of Human Evolution: Gestalt in Action*

Creating - gestalt in action - is the capacity to generate novel, innovative integrations to ever-evolving human and global dilemmas. This session will take key worldviews as the creative medium and real-world social and political dilemmas as places for impact/contact. The creative process will be experienced in designing possible developmental fields or habitats in respect for and in support of our human evolution in current real world dilemmas.

Kay Lynn *The Moving Body in Gestalt*

Aims of this workshop are to offer a creative and supportive environment, activating participants' creative energies in spontaneous and expressive movement and to strengthen our relationship with others. Gestalt psychotherapy draws on the creative self, the imagination and spontaneity, an experiential process orientated approach. A simple theoretical framework will be presented in which movement experiences and movement vocabulary can begin to support an exploration in methods of recording body process as a mover. A group facilitation approach will be used to support personal development in the ability to articulate body process through description of embodied experience.

Andrea Peck *Discovering Ourselves through Acts of Creation:
The Healing Tools of Journaling*

"Just as we throttle our imagination, we can likewise accelerate it. As in any other art, individual creativity can be implemented by certain techniques." Alex Osborn

How do you navigate life opportunities: change, growth, conflict, relationships? Learn how to use creativity to deepen your relationships, to facilitate self-understanding and growth, and to discover and pursue your potential.

A Creative Approach to the Gestalt of Curiosity
Cameron Plagens and Lynn Williams

This workshop hopes to ignite your curiosity and explore the process of becoming curious. As edgewalkers of our senses, we will use a new method of storytelling to encourage participants' interests and explore how curiosity may deepen contact with True Self. Using the Gestalt Cycle of Experience as a lens of felt sense, sacred listening becomes a doorway of contact with our true nature. This experiential 2.5 hours will acknowledge Presence and its effects on natural change.

Tine van Wijk *Longing for Your Other Half*

What does falling in love have to do with everyday reality? By falling in love, we connect with our inner other half, getting to know ourselves in relation to our loved one. We will begin with a guided meditation in which we look at our longings, fantasies, history, and reality and then express in writing or in drawing what comes to our attention. We will discover projections, what we have in common, what connects us and in short, become who we are instead of who we thought we should be.

CREATIVE PRESENTERS, PLENARY FACILITATORS, and CONFERENCE PLANNERS

Heidi Abrams, MSSA, is a therapist and artist specializing in working with children and adolescents. She trained at the Gestalt Institute of Cleveland where she now teaches on creativity using a Gestalt relational model. She authored the article, "Towards Understanding of Mindful Practices with Children and Adolescents in Residential Treatment." In her work, she integrates art, music, yoga, meditation, writing narratives, dance, and play.

Lena Axelsson has an M.A. in counseling psychology from Ryokan College and has a graduate certificate in Gestalt Therapy from the Gestalt Academy of Scandinavia. Born and brought up in Stockholm, Sweden, Lena is now living and working in California, utilizing Gestalt informed play therapy with children in a multi-cultural environment.

Philip R. Belzunce, Ph.D., LMFT, RPE, CPC is a licensed psychologist and a Diplomate in Iridology, Licensed in Marriage and Family Therapy, a Supervisor in American Association of Marriage and Family Therapy, a board certified Master Herbalist, a body-energy worker (Registered Polarity Therapy Practitioner and Educator), a Certified Taoist Instructor, a faculty of the Gestalt Institute of Cleveland and Cleveland State University's Diversity Management Program. He has a private practice and gives workshops/seminars nationally and abroad.

Marlene Moss Blumenthal, PhD, LPC, is a therapist and school psychologist. She authored "A Field of Difference: A Gestalt Consideration of Learning Disabilities,"

published in *The Heart of Development* and has contributed research in the area of Gestalt therapy, mother-daughter relationships, and conflict. She is a co-developer of GIC's intensive training for practitioners working with children and adolescents. Marlene is the coordinator for workshops and conferences at the Gestalt Institute of Cleveland.

Allison Conte, MPOD, is an independent consultant working to help individuals, teams and organizations to solve complex problems and develop the capacities needed to step into their ideal future. As a contributing member of the Integral Institute's Business and Leadership Center, Allison collaborates with a global team of thought-leaders to advance the field of applied integral theory.

Ceylan Das, Ph.D. is a clinical psychologist and psychotherapist. She is the president of the Turkish Gestalt Therapy Association and runs training workshops and experiential workshops. She has a book on Gestalt therapy in Turkish, *Integration and Growth: Gestalt Therapy Approach* and is also the editor of "Contact: Gestalt Therapy Approach," a journal published once a year. Dr. Das has a private practice working with individuals, couples and groups.

Isabel Fredericson, Ph.D. has been a member of the Professional Staff at GIC since the 1970's. Although inactive since the early 90's, GIC has always been dear to her heart. Upon moving to Santa Barbara in 1981, she and her husband, Joseph Handlon, founded and directed the Santa Barbara Gestalt Training Center for the next two decades. While living in Cleveland, Isabel also taught at Oberlin College, Baldwin-Wallace College and John Carroll University. In Santa Barbara, Antioch University and Pacifica Graduate Institute included her on their faculties. She has co-authored, with her husband, several articles on Gestalt that have been published in the *Gestalt Review*..

Duey Freeman

Esther Gates, is a yoga teacher and bodywork practitioner. She is a graduate of the Florida College of Natural Health and Integrative Yoga Therapy. She has trained with Thai Yoga Healing Arts, and the Lotus Palm School of Thai Massage. Esther provides supportive environment for change exploring awareness of body and mind.

Lalei E Gutierrez, Ph.D., LMFT, RPE, CPC, is a holistic psychologist, licensed marriage and family therapist, registered polarity body-energy practitioner and educator, certified professional life-relations-wellness mentor coach and diversity consultant. She is a member of the professional faculty at the Gestalt Institute of Cleveland and clinical faculty at the Diversity Management Institute of Cleveland State University. She is a Reiki master and a certified Taoist instructor. As an avid student of life, she sees living as embodied creativity, compassionately integrating the wealth of experience and wisdom at the heart of being.

Deborah Heikes, MA, LPC has a private practice in Santa Fe, New Mexico. She specializes in trauma/abuse, addictions, anger, eating disorders, and self-harm. She is a Gestalt therapist and a NIA dance instructor and uses movement/dance along with art, ceremony/ritual, play, and the outdoors to support her clients. Her bold and passionate spirit inspires people she meets along her journey.

Amy Jacobs has been leading Gestalt Art groups since 1975. She studied Gestalt theory in the 1970s in Cleveland and with Janie Rhyne, author of “*The Gestalt Art Experience*.” For twenty years, she has been an Art Therapy Counseling Professor, recently teaching and working in Sri Lanka and India.

James Kepner

Mary Ann Kraus, Psy.D., is a psychologist, psychotherapist, and coach working with individuals, couples, groups, and organizations. She is co-chairperson of the Gestalt Training Program at the Gestalt Institute of Cleveland and teaches in several advanced training tracks. Her current interests include expanding integral and holistic theory, and creating capabilities for full-spectrum development in individuals, groups, organizations and communities. Mary Ann facilitates and leads several 'personal-and-beyond-personal-development' groups. She is part of a learning and training collective that presents national workshops "Provocative Perspectives for Leadership and Service" based on Integral and Gestalt frameworks addressing current human and global concerns.

Kay Lynn, UKCP registered, is a MA Gestalt Psychotherapist and Member of the Faculty and Co-Director of the Gestalt Centre, London, UK. Kay Lynn trained at the Laban Centre in the UK and at the University of Utah, USA. in Performance and Choreography and is trained in Authentic Movement. She has worked for many years in the voluntary sector offering Psychotherapy to disadvantaged women and children. She runs a Private Practice.

Robert Lee, Ph.D. a psychologist in private practice in Cambridge and Newton, Massachusetts, has written extensively and presented widely about shame and belonging as regulator processes of the relational field. Robert is co-editor of *The Voice of Shame* (1996), editor of *Values of Connection* (2004), and is currently at work authoring his latest book *The Secret Language of Intimacy*. He is an editor at GestaltPress, a member of the GIC faculty, and teaches and trains nationally and internationally.

Anne Leibig, LCSW, is a Gestalt trainer, a consultant, and a writer with the Appalachian Gestalt Training Institute. After attending a GIC workshop with Laura Perls, Anne compiled “Laura Posner Perls – In Memory (www.gestalt.org/laura.htmw). In consulting with the ElderSpirit Community (www.elderspirit.net) she draws from Gestalt Therapy’s framework to strengthen mutual support skills for elders. Anne is the Southeast USA regional contact person for the Association for the Advancement of Gestalt Therapy (www.aagt.org)

Jackie Lowe Stevenson, MSSA, LISW; Jackie supports individuals and organizations to become the change they want to create. Jackie is a therapist, coach and consultant. She teaches at Case Western Reserve University, at the Gestalt Institute in Cleveland, and in Israel, Turkey and Mexico. Jackie integrates nature and work with horses into her therapy, coaching, consulting and retreat services

Rick Maurer is author of *Beyond the Wall of Resistance*, on faculty of the Gestalt Institute of Cleveland, is an editor of “The Gestalt Review.” Through his consulting firm, he advises organizations on ways to lead change most effectively. Most of his writing, consulting, and teaching, focuses on resistance to change in organizations.

Andrea Peck, writer, coach, workshop leader and Assistant Professor of Communications, has been engaging audiences for almost 20 years on the topics of writing, speaking, and interpersonal communication skills. Andrea completed a postgraduate program at the Gestalt Institute of Cleveland and is the author of *Discovering Ourselves Through Acts of Creation: The Healing Tools of Journaling* (2003).

Cameron Plagens, MAATR, is a healer, artist and gestalt-trained therapeutic practitioner. Cameron is a Ph.D. candidate at The Institute of Transpersonal Psychology in Palo Alto, California, studying women’s transformations. She teaches art therapy at Cuyahoga Community College – West, Creative Process at The Sacred Arts Healing Center, and the Gestalt Approach to Creativity at GIC. Cameron integrates indigenous wisdom and prayer as core components of practice and is currently a student at the Center for Sacred Studies.

Roger Sams is the founder of Dancing Paradox: Transformation Through the Arts and spiritual director of the Sacred Arts & Healing Center in Lakewood, OH. Roger’s process integrates music and movement with conscious breath work, Gestalt self awareness exercises, and mystical philosophy. He is a graduate of several Gestalt Institute of Cleveland programs.

Olivia Schwartz, MA, is a professional teacher of writing, both in the classroom and privately with individual emergent adult writers. She is a graduate of the Gestalt Training Program and advanced training programs at the Gestalt Institute of Cleveland. She is currently a full-time graduate student pursuing her licensing as a professional counselor/psychotherapist.

Margherita Spagnuolo-Lobb, Psych. Dr., is Director of the Istituto di Gestalt (Venice, Rome, Palermo, Ragusa, Siracusa), international trainer and visiting professor at various universities in Italy and abroad. She is a full member of the NYIGT, President of the Italian Federation of Associations of Psychotherapy, past president of the European Association for Gestalt Therapy (1996-2002) and is Editor of the journals, *Quaderni di Gestalt* and *Studies in Gestalt Therapy*. She has authored many articles, chapters, and

books, some of which have been translated into other languages. She is co-editor of the book, *Creative License: The Art of Gestalt Therap.*

Katy Steinkamp has been actively involved with Gestalt therapy since 1993. She is certified as a Gestalt Therapist by Pacific Gestalt Institute, which is recognized as leading the field in developing the relational dimension of Gestalt therapy. She and Judith Yeager work together to offer training at the Gestalt Therapy Institute of Las Vegas.

Christine Stevens, Ph.D. is Editor of the *British Gestalt Journal*. She is Academic Advisor for the Doctor of Psychotherapy Programme at Metanoia Institute in London, UK, and visiting lecturer at Nottingham University. She runs postgraduate training in Gestalt Pastoral Counselling at St Johns College, Nottingham, and is a guest teacher at psychotherapy institutes internationally. She maintains a practice in therapy and supervision in Nottingham. Current special interests include creativity, community development and practitioner research in Gestalt Therapy. She lives with her GP partner and two teenage children.

Herb Stevenson is President/CEO of the Cleveland Consulting Group, Inc. He is a Certified Professional Coach (CPC) and Certified Diversity Professional (CDP). He is on the professional staff of the post-graduate Gestalt Institute of Cleveland, where he provides, clinical, group, and organizational training, and the College of Executive Coaches, which certifies executive coaches in affiliation with the International Coaching Federation (ICF). Herb is on the graduate faculty of Cleveland State University where he teaches assessment and diagnosis, facilitation, change management, and conflict settlement in the Master's degree program in Organizational Psychology with a diversity management specialization. He is a member of the Organization Development Network (ODN), the International Coaching Federation (ICF), and the Academy of Management. More information can be found at www.Natural-Passages.com and at [Http://ClevelandConsultingGroup.com](http://ClevelandConsultingGroup.com)

Sarah Toman, Ph.D., is an associate professor at Cleveland State University. She obtained her Masters and Doctorate degrees from Kent State University and is a graduate of the Gestalt Training Program at GIC. She has co-authored “Gestalt Review” articles, and is co-editor of *Gestalt Therapy: History, Theory and Practice* (2005). Sarah maintains a psychotherapy practice in Medina, Ohio.

Tine van Wijk started her career as an editor for women’s, family and children’s magazines. She studied with the School for Gestalt and Psychosynthesis and in 1988 started her own Gestalt practice in Amsterdam. She is fascinated by group dynamics and developed a training program that transformed itself into Gestalt Art Workshops. She teaches Gestalt in Russia and Ukraine, wrote the book *Attention – What is it About?* And writes for “Voorgrond” (Foreground), the magazine of the Dutch Flemish Gestalt Network.

Tim Warneka, M.Ed.,LPCC Creativity has grabbed Tim and won't let go. In the past few years he has authored 4 books, his latest being an updated version of the Chinese classic Tao Te Ching. A visiting staff member at GIC, Tim raises two kids, coaches leaders, gives keynote speeches, heals the psyche, runs an independent publishing company, and has trained 18 years in Aikido. Visit Tim at <http://www.timwarneka.com>.

Mark Warren, MD, is the medical director of the Cleveland Center for Eating Disorders. A graduate of Johns Hopkins University Medical School, he completed his residency at Harvard Medical School. A graduate of training programs at Gestalt Institute of Cleveland's, he is a current faculty member and former chair of the Board of Governors at GIC. Dr. Warren is a Distinguished Fellow of the American Psychiatric Association, a two time recipient of the Exemplary Psychiatrist Award of the National Alliance for the Mentally Ill, and a past winner of the Woodruff Award. He leads the Males and Eating Disorders special interest group for the Academy of Eating Disorders.

Gordon Wheeler, PhD, is a licensed clinical psychologist with over thirty years of practice, teaching and training widely around the world. He is noted for his work using the Gestalt model to integrate relational, developmental, self, narrative, and evolutionary psychology, and his related work in integral education. As author or editor of some dozen books and over 100 articles in the field, he has focused on themes of co-construction of experience, lifelong relational development, intimacy and intersubjectivity, dynamics of support and shame, gender, narrative, values and culture, and post-Holocaust studies. His edited works include a number of translations, and his own work has been translated into more than a dozen other languages. As Editor and Co-Director of GestaltPress (publishing with Analytic/ Erlbaum), he has brought work by over 100 other Gestalt authors to print. Gordon serves as President and CEO of Esalen Institute in Big Sur, CA, which offers some 500 Gestalt-related programs to 15,000 students each year, and hosts the world's largest and longest-running Gestalt-based residential community, now nearing its 50th year. Gordon and his wife Nancy Lunney-Wheeler have eight children, and make their home at Esalen and in Santa Cruz, CA.

Lynn Williams, Ph.D., is a licensed psychologist whose work combines Gestalt, transpersonal and Integral approaches. Her interests include holistic interventions that foster the development of intellectual, emotional, physical, social, creative, and spiritual aspects of a person's life. Her latest article, *Spirituality and Gestalt* was featured in the "Gestalt Review."

Ansel L. Woldt, Ed.D., Emeritus Professor at Kent State University, has directed 101 Ph.D. dissertations, taught Gestalt therapy since 1969 while maintaining a private practice in Kent, Ohio. He completed GIC's 3-Yr. Post-Doctoral Program in 1973, is a founding officer of AAGT, an Associate Editor of "Gestalt Review," and is co-editor of *Gestalt Therapy: History, Theory and Practice* (2005).

Judith Yeager is the founder of Gestalt Therapy Institute of Las Vegas. She is a licensed marriage and family therapist who combines art, creativity and Gestalt in a

unique approach to therapy, training and supervision. She has been in Private practice in Las Vegas, NV since 1987.

Rosanna Zavarella, Ph.D., brings 30 years experience to her private practice and to her teaching. She practices holistically, blending spirituality, gestalt methodology, body centered psychotherapy with energy healing, hypnotherapy, female shamanism, ritual and ceremony. She coaches women through life transitions and specializes in women's health issues, trauma and chronic illness. She has led women's spirituality groups for the last 15 years. She is a member of the faculty at the Gestalt Institute of Cleveland.